



From all of us at United Way of SEMO, we extend our sincere wishes that you and your family will enjoy a happy holiday season and a safe and prosperous New Year!

## United Way Donors Pave the Way



Your donations help with urgent needs, but the goal of the United Way network is to prevent the need in the first place. That is why we invest in programs like EPIC Pals.

EPIC (Every Person Impacts Community) Pals helps youth who are referred to the program to develop social and emotional skills that will encourage them to avoid risky behavior and make healthy, responsible choices. A few of these skills include patience, discipline, compassion, goal setting, and self-confidence.

Charity was asked to participate in a video after graduating from the program two years ago. She was confident and poised and relayed so many things she

had learned in EPIC Pals when she was a student. She also revealed her plans to be a veterinarian and laid out her course of action for reaching this goal, giving credit to EPIC Pals for sparking the idea and giving her the confidence to go for it.

United Way of Southeast Missouri invests in many mentoring programs to help area youth become self-sufficient, contributing members of society. These include Big Brothers Big Sisters, Tiger Lilies, Scouting, and 4H, which shared this story.



Connor started his 4-H career when he was 5 years old. Since then he has successfully completed close to 20 projects. One that sparked his interest was on electricity. Through 4-H, not only has Connor found his passion, he's found a career option. Upon graduating high school, he will begin studying to become a lineman at State Technical College of Missouri.

This is the power of 4-H.

**This is the power of United Way.**

For more stories like Charity & Connor's, visit our blog:  
<https://www.unitedwayofsemo.org/blog/>

## Year-End Donations

**It is not too late to make an impact in our community this year!**

You receive credit for a 2021 donation as long as your check is dated by December 31, 2021, regardless of when we receive it.

Make a tax-deductible donation by writing a check to United Way of Southeast Missouri and sending it to 1417 N Mt. Auburn Rd, Suite D, Cape Girardeau, MO, 63701. You can also make a donation by visiting our website.

**When our neighbors are strengthened,  
our entire community becomes stronger.**

**DONATE TODAY**

**Don't Miss Our Last  
Community Conversation**

# South Cape Community Conversation



**United Way of Southeast Missouri is partnering with PORCH to bring an additional Community Conversation to South Cape.**

Community Conversations are open forums to help us identify the needs and gaps in each community that the United Way network and PORCH can collectively tackle. The information will also help guide the volunteers who determine which organizations United Way will invest in with our next funding cycle beginning in July of 2022.

**January 6, 2022 | 6:00 P.M. | Shawnee Park Center**  
835 South West End Boulevard, Cape Girardeau, MO 63703

The insight gathered from each community will guide our Community Investment Committee and Board of Directors as these volunteers evaluate grant applications and determine our next group of funded partners in 2022.

There are many ways to help us with this process, including reviewing grant applications online from the comfort of your couch. Be sure to look for more engagement opportunities in the months ahead

[RSVP & Share on Facebook](#)

**Please Take 5 Minutes to Complete Our Survey!**

United Way of Southeast Missouri

## COMMUNITY SURVEY

**Tell us how we can better serve you!**

**EVERY VOICE MATTERS!**



If you could help thousands of people in your area from the comfort of your home, would you?

Please take this brief survey to help guide the most difficult decisions United Way volunteers will make when our next funding cycle opens in early 2022.

Printed copies of a condensed survey can be picked up in the United Way office at 1417 N. Mt. Auburn Road, Suite D in Cape Girardeau, or by calling the United Way office at 573-334-9634.

[Click here for Survey](#)

## Grant Applications Open in 2022

**Save the Date**  
January 10, 2022  
Grant Applications Open

United Way of  
Southeast Missouri



United Way of Southeast Missouri will open grant applications on **January 10, 2022**. Check our website frequently and follow us on [Facebook](#) and [Instagram](#) for more information and updates.

## Face Your Fear for Our Community

### Over The Edge is back!

May 20, 2022, daring "Edgers" will rappel 147 feet down Towers South on the Southeast Missouri State University campus to raise funds for the United Way network of partners.

Every day, people in our community face their greatest fears: fear of abuse, fear of food insecurity, fear of homelessness.

At United Way of Southeast Missouri, we are prepared to face our fear of heights, so others don't have to face theirs.



If you want to experience the thrill of the rappel, register now!

[Register Here!](#)

Are you prepared to face yours?

## Fearless Edger Signing Party | Seis Amigos February 10th | 5-7 PM

If you are interested in signing up for this thrilling event but would like to ask a few questions first, we have the party for you!

February 10th at Seis Amigos in Cape Girardeau from 5:00 - 7:00 PM we will host a Fearless Edgers Signing Party! We will have laptops and volunteers there ready to help you get registered.

**Receive a free appetizer of your choice,**  
when you register to go Over The Edge!

RSVP is encouraged, but not required! [RSVP HERE](#).



**Want to help, but too nervous to go Over?**  
Check out our Volunteer Opportunities below!

### Volunteer Opportunities

**Be the first to know about upcoming volunteer opportunities by visiting our [Volunteer with UWSEMO](#) webpage and following us on [Facebook](#).**

You can also sign up for UWSEMO's new quarterly Volunteer Opportunities newsletter and learn about upcoming one-time and recurring volunteer

opportunities offered by United Way of Southeast Missouri partners.

Indicate your [volunteering preferences](#) to help us continue improving our volunteer database and tailor our communications to your needs.

### Did you miss our latest volunteer newsletter?

That's okay! Volunteer opportunities are updated frequently on our website, so be sure to check back often!



### Serve seniors this holiday season with the Jackson Senior Center!

Jackson Senior Center is searching for additional volunteers this holiday season to help package meals at the Senior Center. Volunteers are also needed to ride with drivers and deliver meals and a smile to a homebound senior eagerly awaiting a visitor.

If you are interested in volunteering, please reach out to Janet at [\(573\) 243-4241](tel:573-243-4241).



EPIC needs volunteers for their December 31st EPIC Glow 5k. Volunteers are needed to help stand along the trail and cheer our runners on, to help with onsite registration, and to help Missouri Road Runners with race timing.

If you are interested in serving as a volunteer or learning more about the opportunity, contact Shelly at [pals@epicprevention.org](mailto:pals@epicprevention.org) or [573-837-9352](tel:573-837-9352).



### Over The Edge is Back, and We Need Volunteers!

Help United Way of Southeast Missouri with our biggest fundraiser of the year, Over The Edge, on May 20, 2022!

Several volunteer positions are available:

- Registration area volunteers (2+ volunteers)
- Staging area volunteer (1 event volunteer)
- Escorts (4 volunteers)
- Landing zone (1 volunteer)
- Rooftop security (1 volunteer)
- Radio personnel (3 volunteers)
- Announcer/emcee (1-2 volunteers)
- Floater (1 volunteer)
- Ropes volunteers

Please [visit our website](#) for more information regarding volunteer position duties. If you are interested in volunteering, please contact Raechel at [raechel.reinitz@unitedwayofsemo.org](mailto:raechel.reinitz@unitedwayofsemo.org).

# UWSEMO Funded Partners 2019-2022



Apple Project  
 Jackson Senior Center  
 Little Whitewater Baptist Church Food Pantry  
 Scott City Ministerial Alliance  
 Student Emergency Funds at regional public schools

**Thank You 2021-22 Corporate Investors!**

Because of your investment in UWSEMO, we are able to give **98%** of an individual's donation directly to the programs we support!

# P&G



**Ameren**  
MISSOURI



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**Wood & Huston Bank**

**BioKyowa**

**Commerce Bank**

**Century Casino**

**Innovative Orthodontics**

**First State Community Bank**

**First Midwest Bank**

United Way of Southeast Missouri | 573-334-9634 | [www.unitedwayofsemo.org](http://www.unitedwayofsemo.org)

STAY CONNECTED



[Visit our website](#)