



HAPPY THANKSGIVING

We appreciate your support this holiday season
and are grateful for our donors, volunteers, and
funded partner agencies



As the holidays approach us, United Way of Southeast Missouri wants to wish you all full stomachs and happy hearts. We are grateful to have so many caring individuals who are connected with UWSEMO. We would not be able to do the work we do without the contributions of so many. Volunteers, funded partners, ECCs, investors, donors, the list goes on and on! You each have a vital role to play in the UWSEMO mission. THANK YOU!

During this time we also want to remind you all to keep the less fortunate in your hearts. We know there are a lot of exciting times for families and workplaces to celebrate, but there is also loneliness and sorrow for others in our community. We encourage you to learn more about our volunteer opportunities below, get involved with one of our partners, or consider a year-end donation to UWSEMO so that we can impact the area of greatest need in our community.

Blessings on your Holiday,
United Way of Southeast Missouri

United Way Donors Change Lives

United Way of Southeast Missouri believes it takes a community to lift a community. That is why when you give, your donations stay right here in Southeast Missouri. Although UWSEMO has not been asked to invest in specific veterans' programs, many partners in our network support veterans like Stacy, whose life was changed thanks to donors like you.



Stacy came to Lutheran Family and Children Services of Missouri after experiencing chronic complex and acute traumas resulting in multiple suicide attempts. She had been to counseling before, but she couldn't afford long-term treatment. She has been using a prescription multiple times a day to ease her PTSD symptoms. Stacy and her therapist spent some time building rapport, which is essential before trauma interventions can be effective. Stacy commented she had not had a safe relationship like the one with her therapist in a long time. She stated this was what she found most healing, even after the trauma interventions. Eventually, with treatment, she also lowered her use of prescriptions.

Without the funding from the United Way of Southeast Missouri, her progress would not have been possible. For trauma survivors, long-term therapeutic relationships and treatment are the basis for healing. They thrive with access to quality and consistent mental healthcare.

Thanks to United Way donors, Stacy can now envision a future where her symptoms will not interfere with her life and her relationships with others. You have helped United Way give her hope and find resilience.

For more stories like Stacy's visit our blog:

<https://www.unitedwayofsemo.org/blog/>

Giving Tuesday 2021

**Together
we give.**



**GIVING
TUESDAY**

Nov 30, 2021



Giving Tuesday is almost here!

We will be giving away a Louisiana LG900 Pellet Grill from Cory's Ace Hardware. This grill is valued at \$900 and would be a smokin' hot Christmas gift!

- \$10 - 1 Ticket
- \$25 - 3 Tickets
- \$50 - 7 Tickets



We will announce the winner on [Giving Tuesday, November 30th.](#)



Tickets will be sold at Cory's ACE Hardware from November 1st through November 30th. You can also purchase tickets online by clicking the button below.

[Buy a Ticket Now](#)

Get Ready to Go Over The Edge

We are excited to officially launch Over the Edge on December 1st!

We are delighted to bring this one-of-a-kind fundraiser back to the campus of Southeast Missouri State University on May 20, 2022. Once again, daring "Edgers" will rappel 147 feet down Towers South to raise funds for the United Way network.



If you want to experience the thrill of the rappel, register now!

[Register Here!](#)

Want to help, but too nervous to go Over?
Check out our Volunteer Opportunities below!

What Have You Told Your Loved Ones?

If you give to United Way, you care about this organization and this community. Perhaps, you have been giving for many years. **Do your family members and financial advisers know?**

If you give through your workplace, those who

know you best may be unaware of your commitment to this organization. Now is the time to tell them how you want to be remembered.



Please inform your family that you want gifts to UWSEMO to continue in your absence.

Volunteer Opportunities

Be the first to know about upcoming volunteer opportunities by visiting our [Volunteer with UWSEMO](#) webpage and following us on [Facebook](#).

You can also sign up for UWSEMO's new quarterly Volunteer Opportunities newsletter and learn about upcoming one-time and recurring volunteer opportunities offered by United Way of Southeast Missouri partners.

Indicate your [volunteering preferences](#) to help us continue improving our volunteer database and tailor our communications to your needs.

Did you miss our latest volunteer newsletter?

That's okay! Volunteer opportunities are updated frequently on our website, so be sure to check back often!



The Salvation Army is seeking volunteers this holiday season!

Volunteers will be needed on November 25 to help serve our neighbors with a community Thanksgiving meal.

If you are interested in volunteering, please call [\(573\) 335-7000](tel:5733357000).

O.A.K.S. Center of Jackson
OLDER ADULTS KEEP SERVING

Jackson Senior Center

Serve seniors this holiday season with the Jackson Senior Center!

Jackson Senior Center is searching for additional volunteers this holiday season. Volunteers are needed to help serve meals at the Senior Center and to help transport meals to our home-bound neighbors.

If you are interested in volunteering, please reach out to Janet at [\(573\) 243-4241](tel:5732434241).

EPIC needs volunteers for their December 31st EPIC Glow 5k. Volunteers are needed to help stand along the trail and cheer our runners on, to help with onsite registration, and to help



Missouri Road Runners with race timing.

If you are interested in serving as a volunteer or learning more about the opportunity, contact Shelly at pals@epicprevention.org or [573-837-9352](tel:573-837-9352).



Over The Edge is Back, and We Need Volunteers!

Help United Way of Southeast Missouri with our biggest fundraiser of the year, Over The Edge, on May 20, 2022!

Several volunteer positions are available:

- Registration area volunteers (2+ volunteers)
- Staging area volunteer (1 event volunteer)
- Escorts (4 volunteers)
- Landing zone (1 volunteer)
- Rooftop security (1 volunteer)
- Radio personnel (3 volunteers)
- Announcer/emcee (1-2 volunteers)
- Floater (1 volunteer)
- Ropes volunteers

Please [visit our website](#) for more information regarding volunteer position duties. If you are interested in volunteering, please contact Raechel at raechel.reinitz@unitedwayofsemo.org.

UWSEMO Funded Partners 2019-2022





Apple Project
 Jackson Senior Center
 Little Whitewater Baptist Church Food Pantry
 Scott City Ministerial Alliance
 Student Emergency Funds at regional public schools

Thank You and Welcome to our
NEW 2021-2022 Corporate Investors!

Because of your investment in UWSEMO, we are able to give **98%** of an individual's donation directly to the programs we support!



Wood & Huston Bank

BioKyowa

Commerce Bank

Century Casino

Innovative Orthodontics

First State Community Bank

First Midwest Bank

United Way of Southeast Missouri | 573-334-9634 | www.unitedwayofsemo.org

STAY CONNECTED



Visit our website