

MISSOURI ORAL HEALTH PREVENTATIVE SERVICES

The Missouri Oral Health Preventative Services Program is a community-based prevention of oral disease. The intent of this program is to provide an evaluation of oral health in Missouri's children, implement educational and prevention strategies (fluoride varnish) and initiate referrals for dental services to those targeted with unmet dental needs. For more information go to <http://health.mo.gov/blogs/psp>

FLUORIDE FACTS



- *Fluoride is the most effective way to prevent tooth decay.
- *Some studies have shown that children who have fluoride varnish applied twice a year have 50% fewer cavities than those who do not.
- *Fluoride varnish is safe and easy to use. It is done at participating schools and early child care programs.
- *Fluoride varnish is offered at no cost to the student and will save money in dental treatment.
- *Fluoride strengthens the teeth and is incorporated in the saliva and plaque to reduce the severity of the acid attacks caused by sugary food and drink.
- *The thin coating of fluoride can be brushed off the next day.



Brush your teeth, gums & tongue twice daily

Replace your toothbrush 4 times a year

Floss daily

Use mouthwash

Eat nutritious foods

Protect your child's teeth with fluoride & dental sealants

Wear mouthguards

STOP THE POP!

See your dentist regularly

FIRST visit by FIRST birthday



DENTAL QUESTIONS?
(573) 335-7846 ext. 146

EMAIL

dotty.gholson@capecountyhealth.com

Coalition Chair

Dr. Janet Brunton Ruopp, DDS

Oral Health Coordinator

Dotty Gholson (573) 335-7846 ext. 146



CAPE GIRARDEAU AREA COMMUNITY PLAN

ACCESS TO ORAL HEALTH CARE

MISSION STATEMENT

The Oral Health Coalition of Southeast Missouri is a community-based coalition working to improve oral health through prevention, education, and increased access to affordable quality dental care. Access to those services will be provided without regard to age, race, creed, disability, or economic status.

SCOPE OF SERVICES

- *Contact with area schools and preschools to encourage participation in annual screenings to facilitate scheduling of sites and dental providers.
- *Standardized oral health screenings of children in schools and daycares.
- *Educational information and instruction, a toothbrush, and an application of fluoride varnish at the time of screening.
- *Referrals to providers for urgent care and high-risk children and assistance to parents for recommended treatment
- *Limited financial assistance for dental treatment needs of youth
- *Educational information for parent groups, youth leaders, and program staff
- *Education and training for participation oral health professionals for screenings and fluoride varnish applications
- *Structure for community response to the rising needs for oral health services in our community
- *Contact Agency for community members seeking information or providing responses on programmatic oral health issues



COMMUNITY PARTNERS

Cape Girardeau County Public Health Center
Cardinals Care
Community Volunteers
Missouri Oral Health Preventative Services Program
Southeast Missouri State University
 Department of Communication Disorders
 Department of Nursing
United Way of Southeast Missouri

Dental Hygienists

[Maria Bell](#), [Alice Cai](#), [Carla Darnell](#), [Lorna Freed](#),
[Patti Kirn](#), [Kristen Shaver](#), [Janice Reyes](#)

Dentists

[Dr. Byron Aden](#), [Dr. Ross Bernett](#),
[Dr. Danna Cotner](#), [Dr. John Freeze](#),
[Dr. Ron Lessman](#), [Dr. Janet Brunton Ruopp](#),
[Dr. Pat Ruopp](#), [Dr. Christine Schoolman](#),
[Dr. Garrett Sparks](#), [Dr. Terry Spence](#)

PARTICIPATING SCHOOLS & DAYCARES

Schools

Delta R-V Public Schools
Eagle Ridge Christian School
Immaculate Conception School
Jackson R-2 Public Schools
Lynwood Christian Academy
Nell Holcomb Public School
Notre Dame Regional High School
Oak Ridge Public High School
St. Mary Cathedral School
St. Paul Lutheran School
St. Vincent De Paul School
Scott City R-I Public Schools
Trinity Lutheran School

Daycares

A Small World Preschool (Cape & Jackson)
Curious Kids
Early Childhood at East Elementary
Just Kids LDC (Cape & Jackson)
Kids Korner Child Enrichment Center
Lynwood Footprints
Oak Ridge Public Preschool
Trinity Lutheran Preschool
University Child Enrichment Center
Watch Me Grow